

REGISTRATION

Send application and payment to:
Grand Rapids Christian High School
Attn: Summer Camps
2300 Plymouth SE
Grand Rapids, MI 49506

Applicant's Name _____

Parent's Name _____

Address _____

Phone # Home _____ Work _____

Email address _____

Entering Grade _____ Age _____ School _____

T-shirt size : (circle one) YM YL S M L XL XXL

(not all camps include a t-shirt)

Football compression shirt for session 1 (high school camp)

(circle one) S M L XL XXL

Football shorts are available for an additional charge of \$20.00

Adult sizes only : (circle one) S M L XL

“As parents or guardians, we realize that participation in this camp is voluntary and that participation and payment of fee does not imply any liability, either personal or in regard to property, on the part of any coach or Grand Rapids Christian High. I hereby authorize the directors of the camp to act for me according to their best judgment in any emergency requiring medical attention and thereby release, exonerate, and discharge the camp, its coaches, and the school from any and all actions known or unknown for any injuries incurred while at camp and on the way to or from camp.”

Parent/Guardian: _____

Date: _____



Grand Rapids Christian High Eagle Sports Camps Summer 2010



Baseball
Softball

June 21-23
July 26-29



Boys Basketball

July 12-16
July 19-23

Girls Basketball

June 21-24



Cheerleading

August 18-20



Football

June 28-July 1
July 26-28



Lacrosse

June 21-24



Soccer

June 14-18



Volleyball

June 28-July 1

Principal: Jim Primus

Athletic Director: Mark Warners

Athletic Event Coordinator: Dick VanderKamp

*Preparing students to be effective servants
of Christ in contemporary society.*

REGISTRATION

Please select sessions on this page and fill out application on the following page



Thank you for your interest in and support of Grand Rapids Christian Eagle Sports Camps. The coaching staff at Grand Rapids Christian High is committed to excellence, allowing all student-athletes to develop their God-given gifts. Part of this commitment includes an emphasis on younger athletes. At our summer sports camps these young people will learn that sports can be a fun way to exercise their bodies while they learn different skills and compete against one another. The mission of Grand Rapids Christian Schools is “preparing students to be effective servants of Christ in contemporary society”. Our summer sports camps are an extension of this mission.

Go Eagles!



Baseball	Session 1	June 21-23	\$40.00
	Session 2	June 21-23	\$40.00
Boys Bball	Session 1	July 12-16	\$70.00
	Session 2	July 12-15	\$45.00
	Session 3	July 19-23	\$70.00
	Session 4	July 19-22	\$30.00
Girls Bball	Session 1	June 21-24	\$60.00
	Session 2	June 21-24	\$45.00
	Session 3	June 21-23	\$30.00
Cheer Clinic	Session 1	August 18-20	\$50.00
Football	Session 1	June 28—July 1	\$60.00
	Session 2	July 26-28	\$60.00
	Session 3	July 26-28	\$60.00
Girls Lacrosse	Session 1	June 21-24	\$45.00
Boys Soccer	Session 1	June 14-18	\$50.00
	Session 2	June 14-18	\$45.00
Girls Soccer	Session 3	June 14-18	\$45.00
Softball	Session 1	July 26-29	\$50.00
	Session 2	July 26-29	\$40.00
Volleyball	Session 1	June 28—July 1	\$50.00
	Session 2	June 28—July 1	\$50.00

Total: \$ _____

Please make checks payable to Grand Rapids Christian High



VOLLEYBALL

Session 1: June 28—Jul 1, 2010
12:30—3:00 am
grades 3-8
Cost : \$50.00

Session 2: June 28—Jul 1, 2010
3:00—6:00 pm
grades 9—12
Cost: \$50.00

Location: Grand Rapids Christian High School Gym

Instructors: Melissa Seif (Varsity coach)
Angie Sietsema (Assistant varsity coach)
Former GRCHS Eagle varsity players

Emphasis: A volleyball camp designed to improve the technique and skills of each participant through an enjoyable experience.
3rd—8th grade camp: Skill development will include: serving, passing, blocking, setting, transitioning and attacking. Offensive and defensive strategy will be introduced.
9th—12th grade camp: Intense training on all individual skills as well as the tactics and strategies of how each player's position fits into offensive and defensive strategy.

Enrollment: We will not call to verify enrollment

Cancellation: A tornado watch or warning in effect for any time period of the camp automatically cancels the camp.

Questions: Call Coach Seif @ 915-2113
or email : Melissa.seif@yahoo.com



BASEBALL

Session 1: June 21-23, 2010
8:00 am—9:30 am
4th—7th grade

Session 2: June 21-23, 2010
9:30 am—11:00 am
8th—12th grade

Location: Gainey Athletic Facility @ 1661 East Paris Ave.

Cost : \$40.00 per session

What to Bring: shorts
sweat pants or baseball pants
tennis shoes and cleats (if possible)
T-shirt
baseball hat
glove
bat (optional)

Water will be on the field
No insurance is provided for campers
Camp will be canceled if there is a weather warning

Instructors: *Brent Gates* is the Varsity Baseball coach at GRCH. He was an All American at the University of Minnesota. Brent went on to play 7 years in the Major Leagues for the Oakland A's, Seattle Mariners, and the Minnesota Twins. Brent also managed the West Michigan Whitecaps in 2001.

Grand Rapids Christian Varsity players

Questions: Coach Gates @ 304-3004
email: brentrgates@sbcglobal.net



BOYS BASKETBALL

Session 1: July 12-16, 2010
8:30 am-12:30 pm
7th and 8th grade
Cost: \$70.00

Session 2: July 12-15, 2010
1:00 pm-4:00 pm
5th and 6th grade
Cost: \$45.00

Session 3: July 19-23, 2010
8:30 am-12:30 pm
9th and 10th grade
Cost: \$70.00

Session 4: July 19-22, 2010
1:00 pm-3:00 pm
3rd and 4th grade
Cost: \$30.00

Location: Quest Center—on the campus of GRCHS

Instructors: Mike Spicer (Varsity coach)
Curtis Robinson (Varsity assistant coach)
Varsity Players

Emphasis: Fundamentals necessary for successful individual and team play.

Activities: Drills on the fundamentals, team contests and games, 1-on-1 contests, and shooting instruction.

T-shirts: Eagle basketball shirts will be given to all campers with desired sizes guaranteed for those who register by June 1.

Enrollment: We will not call to verify enrollment

Cancellation: A tornado watch or warning in effect for any time period of the camp automatically cancels the camp.

Questions: Contact Coach Spicer @ 891-2246
email: m22spicer@yahoo.com



SOFTBALL

Session 1: July 26-29, 2010
8:30—11:00 am
grades 9-12
Cost : \$50.00

Session 2: July 26-29, 2010
12:00—2:00 am
grades 4-8
Cost: \$40.00

Location: Gainey Athletic facility
1661 East Paris SE

Instructors: Angie Sietsema (Varsity coach)
assistant coaches, along with former and current Varsity players

Emphasis: *Session 1* will cover fundamentals as well a more advanced offensive and defensive skills. Scrimmages will also be a part of the camp.
Session 2 focuses on fundamentals including fielding, throwing, hitting, bunting, base running, pitching, and catching.

Enrollment: We will not call to verify enrollment

Cancellation: A tornado watch or warning in effect for any time period of the camp automatically cancels the camp.

Questions: Call Coach Sietsema @ 862-1198 or email:
asietsema@adachristian.org



BOYS and GIRLS SOCCER

Session 1: June 14-18, 2010
8:30—11:30 am
Boy's grades 7-12
Cost: \$50.00

Session 2: June 14-18, 2010
8:30—11:00 am
Boy's grades 5-6
Cost: \$45.00

Session 3: June 14-18, 2010
12:30—3:00 pm
Girl's grades 5-12
Cost: \$45.00

Location: Gainey Athletic facility
1661 East Paris SE

Instructors: Larry Klaasen (Varsity coach)
Harold Gee (Varsity assistant and goalie coach)

Skills: Heading, passing, shooting, dribbling, collecting, small games, juggling, juggling contest, scrimmages.

Enrollment: We will not call to verify enrollment

Cancellation: A tornado watch or warning in effect for any time period of the camp automatically cancels the camp.

Questions: Call Coach Klaasen 949-1499 (h) 574-5547 (w)
email: lklaasen@grcs.org



GIRLS BASKETBALL

Session 1: June 21-24, 2010
8:30 am-11:30 am
grades 9-11
Cost: \$60.00

Session 2: June 21-24, 2010
12:30 pm-3:00 pm
grades 6-8
Cost: \$45.00

Session 3: June 21-23, 2010
3:30 pm-5:30 pm
grades 3-5
Cost: \$30.00

Location: Grand Rapids Christian High School Gym

Instructors: Charlette Muller (Varsity coach)
Bill Bruinsma (JV coach)
Varsity Players

Emphasis: Fundamentals necessary for successful individual and team play.

Activities: Drills on the fundamentals, team contests and games, 1-on-1 contests, and shooting instruction.

Enrollment: We will not call to verify enrollment

Cancellation: A tornado watch or warning in effect for any time period of the camp automatically cancels the camp.

Questions: Call Coach Muller @ 676-0266
email: tandcmuller@comcast.net



CHEERLEADING

Session 1: August 18-20 9:00-11:00 am
grades 4-8 (sideline and competitive cheer)
Cost: \$50.00

Location: GRCH 2300 Plymouth SE

Instructors: GRCHS coaching staff and members of the Competitive Cheer team.

Emphasis: Jumps, cheers, and chants, tumbling skills, stunts, warm-up techniques, conditioning, and arm drills, School spirit activities such as spirit signs, cheer hoops, and much more!

Included: Competitive Cheer t-shirt

Questions: Call Jacquie DeJonge, Varsity Cheer coach @ 949-7516 or email: jdejonge@fhps.us



GIRLS LACROSSE

Session 1: June 21– June 24 9:00am-noon
Grades 6—8 Cost \$45.00

Location: Eagles Stadium @ Grand Rapids Christian

Instructors: Kristin vanEyck and High school Lacrosse players

Emphasis: On the fundamentals of the game, stick handling, passing and catching, basic positions, and basic rules.

Equipment: None required

Questions: Kristin VanEyck @ 745-3541
email: Kvaneyk@grcs.org



FOOTBALL

Session 1: June 28-July1
8:30 -12:00 noon
grades 9-12
Cost: \$60.00

Session 2: July 26-28
8:30—11:30 am (please arrive early to register on 26th)
grades 3-6
Cost: \$60.00

Session 3: July 26-28
1:00—4:00 pm (please arrive early to register on 26th)
grades 7-8
Cost: \$60.00

Location: Eagles Stadium 2300 Plymouth SE

Instructors: GRCHS coaching staff and varsity athletes

Emphasis: To give athletes an opportunity to learn basic football skills at a young age. This is a non-contact camp. No football equipment is needed.

Instruction: Offense: QBs, RBs, TEs, WRs, and OL technique drills.
Defense: DL, LBs, and DBs technique drills
Special Teams: Punting, Kicking, snapping and holding
Airforce football: Noncontact competition
Weightroom: Supervised introduction

Included: All use of equipment, t-shirt, compression shirt, snack and beverages.
Water will be on the field at all times.

What to bring: Shorts and T-shirt, sun block, athletic shoes, and cleats (if possible).

Questions: Call coach Don Fellows @ 818-624-7230
email: coachfellows2004@yahoo.com